

# CURRICULUM VITAE – TEEMU VARIS

11.11.1979



## COACHING CAREER

<b>LASB</b> Head Coach - Men's Salibandyliiga (men's highest league)	Lahti 05/2017 - Current
<b>Esport Oilers</b> Head Coach - Men's Salibandyliiga (men's highest league)	Espoo 01/2014 -04/2015
<b>TPS Salibandy</b> Head Coach - Men's Salibandyliiga (men's highest league)	Turku 05/2012 - 04/2013
<b>TPS Salibandy</b> Assistant Coach, Men's Salibandyliiga (men's highest league)	Turku 05/2010 - 04/2012
<b>NST Lappeenranta</b> Head Coach, U21 SM-sarja (U21 highest league)	Lpr. 05/2008 -04/2009
<b>Ruokolahden Raju</b> Head of Coaching	Ruokolahti 05/2007-04/2008
<b>Ruokolahden Raju</b> Head Coach, U19 SM-sarja (U19 highest league)	Ruokolahti 05/2006-04/2007
<b>Ruokolahden Raju</b> Head Coach, U19 SM-sarja (U19 highest league) Head Coach, U16 Regional/National league	Ruokolahti 05/2003-04/2006
<b>Ruokolahden Raju</b> Head Coach, U21 SM-sarja (U19 highest league) Head Coach, U19 SM-sarja (U19 highest league) Head Coach, U16 Regional/National league	Ruokolahti 05/1998-04/2002
<b>Ruokolahden Raju</b> Starting coaching career with different junior teams	Ruokolahti 05/1994-04/1997

## PLAYING CAREER

<b>NST Lappeenranta</b> Men's Salibandyliiga (men's highest league)	05/1998 – 04/1999
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### **U19 National Team**

Three nation tournament (unofficial WFC), Switzerland

05/1997 – 04/1998

### **Ruokolahden Raju**

Men's 2<sup>nd</sup> division

05/1997 – 04/1998

### **Ruokolahden Raju**

Men's 1<sup>st</sup> division

05/1996 – 04/1997

### **Ruokolahden Raju**

Men's 1<sup>st</sup> division

05/1995 – 04/1996

## PROFESSIONAL CAREER

### **Plan&Care Sports Oy (CoachTools)**

CEO & Co-Founder

Lahti 07/2015 - Current

### **Signal Partners Oy**

CEO

Helsinki 04/2014 -06/2015

### **Signal Partners Oy**

Sales Director

Helsinki 04/2013 -03/2014

### **Signal Partners Oy**

Service Director

Helsinki 10/2010 -04/2014

### **Signal Partners Oy**

Service Manager

Helsinki 01/2010 -09/2010

### **Signal Networks Oy**

System Engineer

Helsinki 10/2008 -12/2019

### **Stora Enso Oy**

IP Architect

Helsinki 10/2005 -09/2008